Age + Life Stage	Dominant mode of Being for the **Ego** or **Physical self**	**Fully Integrated Being** Ego personality ⟷ Higher Self	Dominant mode of Being for the **Higher Self**
		Worldly ⟷ Spiritual Law → Ethical / Moral → Spiritual	
75. *Aging*	Not good company Lost grip on reality	Physical aging	Oneness with nature, humanity and "God" – Ready for final transition – immortality
60. Wisdom	Ideologically fundamentalist or Count Money and polish trophies	.	.
Transition 45. *Midlife*	**Failed in making the transition** **Re-evaluation** of values and meaning of life	Mental and Emotional Maturity	Meaningful Life and Relationships with Self and Others
30. *Maturity*	**Co-operative & Competitive**	Building Mental capacity	Spiritual awareness experiences Seeking truth communion
15. *Puberty*	**Striving** for success and power **Independent** Physical mature	Physical Development	Interdependence – Knowing and caring with Insight Accommodating and understanding Repositioning with knowledge of self and realities
Birth	**Survival & Change** **Survival & Total dependency**	**Dependence** **Independence** **Interdependence** **Oneness** **Survival** **Meaning** Salvation	Oneness with creation Re Birth Compassion Peace of mind